

VOICE OF THE RESIDENTS

VOL. XXXII, No. 6

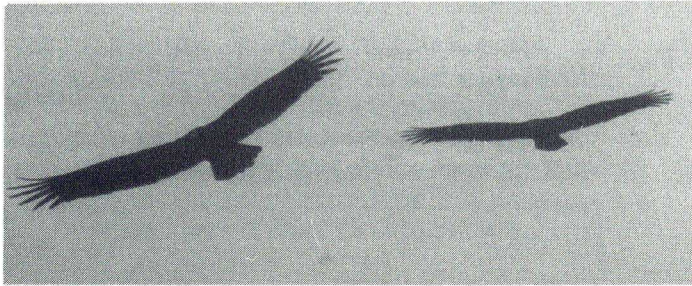
BROADMEAD, COCKEYSVILLE, MD.

FEBRUARY, 2011

BROADMEAD'S VULTURES.....

By Nancy Allchin

The large gracefully-soaring black birds that frequent Broadmead skies are turkey vultures (sometimes called "buzzards"). They are fascinating to watch as they circle above the ridge at the north side of our campus.



Beautiful Flyers and.....

One morning this January Mary Frances Wagley, looking out her Hallowell window, counted 243 of these birds as they whirled and swirled in circles above the trees before alighting. "Kettling" is the name bird watchers give to this behavior, as the flight patterns resemble a boiling cauldron. It may serve as a way for the birds to communicate with each other, or be a way of gaining altitude. "Our" vultures then spend the day roosting in the trees, but leave at night to fly in an eastward direction, only to return the next day.

A close view of the turkey vulture reveals a bird with a surprising wing span of about six feet and a body 25 inches long. His head is reddish and bald, with no feathers: not a pretty sight. The black vulture can also be seen here, but is not as common. The white patches near the end of his wing tips help identify him, and he is slightly smaller.

Turkey vultures are year-round residents of Maryland but tend to migrate north and west in the summer. They mate in March and then

Elborg and Foxy also weigh in on our vultures. See pages 2 and 15. And Bob Fetter says he has counted over 300 in the trees twice recently

fly away to find nest sites. They do not actually build a nest, but lay two eggs on the floor of a cave, in a hollow log or tree, or under dense vegetation. Beginning in the late fall the vultures return to their winter area.

Much animal behavior is related to foraging for food, and so it is with the vultures. They may spend their days circling on thermals and updrafts to scan the fields and roadsides for carrion (decaying flesh). They have very good eyesight, and also have a good sense of smell to detect the gases that are produced when decay starts. Their diet is birds, mice, livestock, and deer that have died of natural causes. Road kills and collisions of animals with buildings also provide food. When a sizable animal is dying, vultures come from far and wide, circle around until it dies, then descend and totally strip the meat from the carcass. The vultures are actually a "sanitation department" for us, helping to keep the environment clean and free of disease.

We are not sure where the vultures roost at night, but if you rise at dawn you may observe them as they return to Broadmead.



....Watchful Waiters

Photos by Bob Davies

BROADMEAD CELEBRATES MARTIN LUTHER KING, JR



Again this year Broadmead welcomed the Douglas Singers directed by Spencer Hammond and accompanied by Charles Hayes, plus soloists Audrey McCallum and Devin Mercer to its annual Martin Luther King Day observance. The auditorium was packed for the event.

Photo by Marcia Reinke

VOICE OF THE RESIDENTS EDITORIAL POLICY

The *VOICE* seeks to announce and report on events and activities at Broadmead and to carry feature articles, poems and other items written by residents and staff and of interest to Broadmead residents, plus material assigned by the editors.

The *VOICE*'s major goal is to promote a sense of community. Therefore, the *VOICE* does not publish criticism of individuals or of the three organizations that comprise Broadmead (Residents, Administration, Trustees), nor controversies about Broadmead affairs, as there are established procedures for the resolution of internal problems. The *VOICE* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule the *VOICE* will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed and the decision of the Editorial Board in regard to publication shall be final. Those submitting articles should make copies for themselves as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page with headline, copy that exceeds 600 words in length will be edited and cut. All submissions should be typed and, if possible, sent by Word attachment to broadmeadvoice@broadmead.org, with a hard copy of same in the *VOICE* box at the reception desk on the upper level.

OUR TURKEY VULTURES

by Elborg Forster

Yes, I know, people have been writing in these pages about our winter residents, the turkey vultures, ever since Broadmead opened, but I can't help it. I must join the chorus.

"Turkey vulture" is a harsh name for birds that, to be sure, clean up a lot of messes.

But in their free time, as it were, they fill the air with graceful flight patterns that some of us humans watch with envy.

On a recent sunny and mild winter afternoon I took a walk that led me to the Ridge Path along the hillside.

From the Perimeter Road I could see two or three trees on the hillside that were black and quivering with birds clinging to their branches, while just a few of them were circling above.

As I reached these trees, I did not hear the birds vocalize, as I had expected; the only sound was the flapping of their big wings and the creaking of the winter trees.

I leaned against a neighboring tree and looked up. Most of the turkey vultures were still roosting on the branches.

Some seemed to be fighting, silently, for a place, while others flew off and took to the air above the trees, gracefully circling, gyrating, floating high up in the afternoon sun.

So intently did I watch them that I began to feel that I too was circling, gyrating, and floating in their midst.

What a strange and mysterious experience, but what's the harm?

In Memoriam

Bosley Royston

April 21, 1917

December 25, 2010

Richard Hutzler

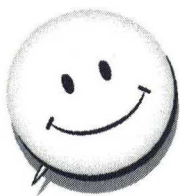
April 18, 1919

December 31, 2010

Mildred Boynton

February 1, 1919

January 17, 2011



Broadmead Welcomes

By Nancy Allchin
Photos by Natalie Bellows

Dr. Walter and Jane (Roycroft) James W-4 443-578-8298 December 2010

Walter and Jane James have known each other for a long time. They were delivered by the same doctor, baptized by the same priest, and attended the same elementary school, St. Mark, in Catonsville.

Jane graduated from Notre Dame College here in Baltimore. She raised her children, and then devoted 20 years to volunteering, teaching dyslexic children using the Orton-Gillingham method.

She tutored at Brown Memorial Presbyterian Church. Interests that led her to major in history in college persist today in her particular fascination with archaeology, and in her volunteering for the Maryland Historical Society. Flower arranging is a special hobby. She hopes to pursue art classes here and further a childhood interest developed at Saturday classes at the Maryland Institute of Art.

Walter attended Johns Hopkins and fin-

ished his medical training at the University of Maryland Medical School. He continued his training as an Ob/Gyn at Bon Secours Hospital because of Dr. Emil Novak, a world-famous gynecologist. Walter was associated with a number of Baltimore area hospitals, most recently with St. Joseph's Medical Center. He delivered babies for twenty years.

But in 1976 an unfortunate incident—falling asleep at the wheel of his car—led him to stop being an obstetrician and confine his practice to gynecology. Today Walter volunteers at Shepherd's Clinic, which provides medical services to the uninsured and under-insured in Baltimore.

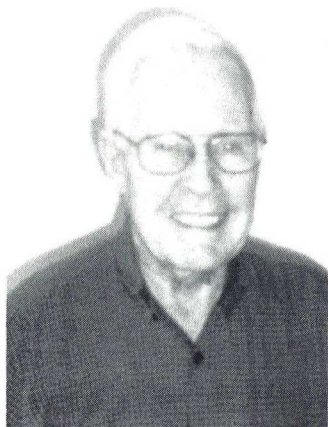
The Jameses raised three children. A son lives in Silicon Valley in CA; one daughter is in Charlotte, NC, and another daughter is here in Baltimore. There are eight grandchildren.

Sidney (Erwin) Daniels B-11 443-578-8294 December 2010

With a tinge of a Southern accent, Sidney says she was brought up in North Carolina, then spent many years in San Francisco before coming to the Baltimore Area.

She went to Finch College in New York City, which was located several blocks from the Metropolitan Museum of Art. Here she and her classmates in Clothing Design and Merchandising carried out assignments based on a particular piece from the Costume Institute.

Sidney's daughter lives in San Francisco and has three daughters—Sidney's grandchildren. Sidney has a special interest in cooking, and now her daughter takes after her mother and gives classes in cooking.



BIRD AND NATURE GROUP

Friday, February 25, 1:30 p.m.
Stony Run Board Room



Everyone Welcome

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Gertrude Byrd	B-4	S-318
Frank Craig	S-303	H-254
Harry and Sonia Blumenthal	E-4	R-3

SAME-SEX MARRIAGE AND GAY RIGHTS DISCUSSED AT OPEN FORUM

By Sonia Blumenthal

In anticipation that same-sex marriage will come before the Maryland General Assembly this year, Morgan Meneses-Sheets reviewed progress on civil rights issues involving the gay community at a recent Open Forum presentation here.

Suggesting that the climate is better than ever for passage of a same-sex marriage law this session, Meneses-Sheets, executive director of Equality Maryland, said her organization has been counting votes in the state Senate and House and, although "we're not there yet, we think we have a chance." Equality Maryland is the largest Maryland civil rights group focusing on lesbian, gay, bisexual and transgender (LGBT) concerns.

Noting that same-sex marriage is now legal in several states and the District of Columbia, she explained why "marriage" instead of "civil union" is the goal. A certificate of marriage bestows hundreds of legal benefits, only some of which are granted in civil unions. The legislation, entitled the "Religious Freedom and Civil Marriage Protection Act", makes clear that religious institutions opposing gay marriages will not be required to celebrate such events.

At issue currently in Maryland is whether the state will recognize same-sex marriages from other states. The state attorney general has said it should, but the matter has not been tested in court. Meanwhile courts elsewhere are testing whether defense of marriage acts violate civil rights granted by the U.S. Constitution, an issue that is expected eventually to reach the Supreme Court.

A major victory was achieved, she said, when the Congress repealed "don't ask, don't tell", whereby the openly gay could not serve in the military. Awaiting Congressional consideration is the "Employment Anti-Discrimination Act", she said.

Equality Maryland has been successful in securing local laws banning discrimination based on sexual orientation in housing, lending and public accommodations. Currently 38 states do not provide employment protection to LGBTs. While Maryland does have laws against employment discrimination based on sexual orientation, these laws need to be strengthened, she said.

In answer to a question about a child's need for a missing male or female role model in a same-sex marriage, Morgan-Sheets said what's most important for a child is a "loving environment" and extended families, grandparents, uncles, friends, can provide role models. She said statistics show same-sex relationships last as long as heterosexual ones.



An imaginative "Mr. Snowman" tree, complete with a happy-face head and cap, twinkling lights and adoring animals has reminded Hallowell residents that winter has its delights as well as cold and snow. The tree, located in Hallowell's West Hall, was created by Anne Foy, Health Care Services Assistant.

Photo by Marcia Reinke

M*S*S*H (MEN'S SATURDAY SOCIAL HOUR)

9:30 a.m. Lounge and Auditorium

Saturday, February 5 Bob Shoemaker
*Over 30 Years at Towson University...
But Never Graduated*

Saturday, February 19 Albert Laisy
Spills, Wills, Bills and Some Codicils

Bring \$1.00 and Name Tags

Ted Wilson

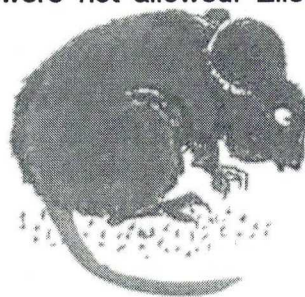
The Unseen World of Eileen Spring

By Carol McCord

Broadmead cluster J resident Eileen Spring has in her past collected unusual pets. It happened like this.

When she was a very young child her family had pets. At that time they lived in a remote town in Northern Ontario. And that was the start of her learning to take care of a pet. She had always been interested in the natural world and the wildlife around her.

Later, when her father died, her mother moved to an apartment in Toronto where dogs and cats were not allowed. Eileen "looked longingly around



for a pet of her own, some small creature that could be found on the premises". She found a little mouse in the apartment, and that was the first of the little wild creatures that she took care of.

"I called him 'mousie',"

she said.

"Mousie" was kept in a cage but was released now and then in the bathroom to let him run around. "It opened up a whole world of native creatures for me. I found out the trouble that they have in their own world. So many are in need of help."

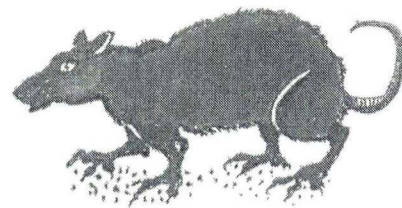
She became more and more interested in the world that wild creatures have. People found out that she would take in young native animals and care for them. She adopted a flying squirrel that she kept a long time. Later when it became really active, she kept it in her bathroom where it could be free. Eventually this led to her taking in others, like the baby raccoon someone brought her that she bottle-fed, and kept as long as it needed care.

"It was temporary. The animals were always let go as soon as they were able to fend for themselves, and though they were not always caged" they had their parameters.

Sometimes children would



bring her small animals to take care of. There was a baby rabbit that she bottle fed. She found that wild baby rabbits do not take well to captivity, because "they were always nervous". Also there were birds.



"Can you guess which one was my favorite?" she asks with an expectant grin, "It was a rat. My pet rat," she said as a listener gulped.

"He was smart. A charming creature, and very affectionate. He would roll over for me to scratch his tummy."

Later in her life when she was married and living in Baltimore, in the spring and summer she would raise monarch butterflies.

"I would go to Lake Roland, turn over the milkweed leaves to look for eggs, then bring them back and raise them. They take two months to develop. Then you can see them ready to emerge, and just let them go outside!

"So many creatures are in need of help. Not many people are aware of the unseen world around them. Dogs and cats are not as interesting to me. Besides, they are not native.

"I like the little, native creatures," she said.

LARGE TURNOUT FOR TALK ON DEPRESSION

By Frank Iber, M.D

Ninety-two Broadmead residents turned out for a talk entitled "Depression: Avoid It, Resist It and Treat It", given by psychiatrist and resident Dr. Jonas Rapoport and sponsored by the Health Care Committee.

Although almost everyone has mild short-term depression, five to 14% have a devastating major depression each year. Stress, major illness, loss and pregnancy may precipitate major depression, he said.

Rapoport pointed out that drugs are highly useful for treating depression, and that there are different classes and modes of action, with at least 15 highly effective agents available. Trying different drugs may increase benefits and avoid noxious side effects. Behavioral therapy and light therapy are also helpful, he said.

Audience participants said resisting depression is helped by keeping busy, asking for help, talking about it with others, exercise, keeping healthy, giving yourself a treat, learning more about depression and functioning as a caregiver.

The most efficacious therapy is the combination of drugs and psychotherapy.

SOUL FOOD?

By Virginia Foster

Wendy Cohen has "a lot on her plate!" This happens to Renaissance people. Their natural creativity collides with their intellectual curiosity. "One art informs another," she explains.

Wendy, Broadmead's yoga instructor, was exposed to fine art early in life through her mother's ceramic studio. That was an invitation for her to sculpt. She expanded her art to planning and drawing and then she became interested in fibers. Eventually, that direction led to teaching textiles at the University of the Arts in Philadelphia where she received the Bunkin Fiber Award.

An athletic child, Wendy was always involved in dance movement. She attended Randolph Macon Women's College, majoring in the modern dance program, which resulted in an assistantship at the University of the Arts. She began working with yoga masters, experiencing an epiphany. "I realized that yoga was 'the way', and became a seeker," finding herself in a field that dove-tailed with her dedication to body movement and awareness.

Because yoga resulted in new challenges for creative consciousness, she began studying the philosophies of F. M. Alexander and Moshe Feldenkreis, which she incorporated into her yoga instruction. In her classes Wendy introduces the use of body awareness, muscle control and conscious breathing. "The correct use of a gravity-resisting body that requires strength and stamina points to the

application of yogic breathing: inhalation in abdomen, rib cage and chest," she said.

This increases vital capacity, removing stale air from the lungs and forcing new air to greater numbers of alveoli. Breath unites with control of the muscular system as described by the Alexander Technique, a reorganization of the relationship between the head, neck and torso. Study of the spine and its importance as support of the breath brings us to Feldenkreis' manifesto recommending repetition of muscle training to promote habit-forming awareness.

Wendy is approaching these life-changing practices by proposing yoga sessions for children. She'll be releasing a yoga manual for young people, designed to form healthy habits of mind and body at an early age. She has been invited to participate in the Festival on the Mall in June in Washington, D.C., presenting a program for children of art and yoga, exhibiting their symbiotic nature.

So who is this dynamo of energy and purpose? Since the millennium, she has conducted yoga and art sessions at the Maryland Institute College of Art, Friends School, Towson University and Broadmead, among others.

Each Tuesday at 3 p.m. her group of enthusiasts gather in the lounge for a quiet hour of gentle stretching, deep breathing and soul restoration. Wendy says that yoga aids in navigating the vicissitudes of life more intelligently. With awareness, the practice of yoga can be quite filling! Remember soul food?



Photo by Penny Partlow

WANTED: MORE VOLUNTEER PHOTOGRAPHERS

The Voice of the Residents, the monthly newsletter published by the Broadmead Residents Association, is seeking additional volunteer photographers to take pictures to accompany news and feature articles. Volunteers must own a digital camera, be experienced in its use, and able (or willing to learn how) to transfer the pictures taken from the camera to the *Voice* computer.

Here's a great opportunity to make a contribution to the Broadmead community as well as to see your photographs in print. For further information please call Ruth Williams at 410-785-2308 or Marcia Reinke at 443-578-8237.

ADVENTURES IN LEARNING WINTER SERIES

"China Past and Present"

Auditorium

Note change of date

Friday, February 4, 7 p.m.

Lu Zhang, Visiting Assistant Professor
of Sociology, Johns Hopkins University
"Labor and Globalization in China"

Elborg Forster

ADVENTURES IN LEARNING WINTER SERIES OPENS WITH TWO TALKS ON CHINA

China's Economic Boom

by Robert Forster

China's president Hu Jintao was in Washington discussing the Chinese economy with President Barak Obama at the very moment Jay Hancock, the business correspondent of the *Baltimore Sun*, spoke to us about the present state and the future of the Chinese economy.

Hancock, having returned from a visit to China two months ago, began his talk with a vivid picture of a China in rapid economic expansion. He described apartment buildings rising to the sky, bullet-trains racing at 220 miles per hour, newly-paved highways filled with cars and trucks (instead of bicycles), efficient public transportation, a huge labor supply mobilized from the countryside, and well-schooled youth fully employed in urban offices and factories. No wonder many Americans viewing these scenes in their newspapers are impressed and even alarmed by a Chinese economic growth rate four times our own. Our present alarm recalls our reaction to Japanese growth thirty years ago and our certainty that Japan, a guided economy, would soon overtake us as the first economic power of the world. Recent history, however, has shown us that Japan's initial growth rate could not be sustained. Hancock believes that it may well be the same for China.

According to Hancock, the display of rapid growth masks certain weaknesses. How long can China maintain the artificially low exchange rates that provide its enormous trade surpluses, especially with us? Are its capital investments being placed in sustainable and profitable assets and is there a consumer economy? It may strike us as strange for a country with 1.3 billion people, but the Chinese population is aging and there is a growing shortage of young workers for the expanding plants. Wages are rising and a nascent union movement is demanding better working conditions. The Chinese government has neglected safety measures and pollution control to a dangerous degree, and there is no social security system. But for Hancock, the most crucial weakness is the lack of innovative talent essential to moving beyond the initial phase of economic growth. The school system is excellent in

furnishing competent engineers, but it does not train many creative ones, potential inventors of new processes. There do not seem to be any Silicon Valleys in China.

Hancock concludes that, despite China's striking economic growth at present, the situation will be quite different ten years in the future. Hancock predicts that the US has the assets and talents that China lacks and we will still be a giant in the world economy.

(The day after Hancock's talk, the Forsters happened to hear an interview with Henry Kissinger by Charlie Rose. Kissinger essentially listed the same obstacles to China's sustained economic growth that Hancock had identified for us.)

Qing Emperors

by Elborg Forster

Three emperors of the Qing period vividly came to life in a lecture by Johns Hopkins historian William T. Rowe. He was the first lecturer in a series of four designed to give us a better understanding of China, past and present.

The Kangxi Emperor (ruled 1661-1722), the Yongzheng Emperor (1722-1735) and the Qianlong Emperor (1735-1796) created a prosperous and relatively peaceful country in the "long eighteenth century." They implemented very modern-sounding policies, such as a universal land tax, welfare institutions, land clearing, and state granaries intended to stabilize the market and prevent famines. Kangxi was the most centralizing, welfare-oriented, and innovative of these emperors. He favored a unified cultural identity. His son and successor, Yongzheng, found ways to reverse his tax policies without offending the filial piety he owed his father, and so did his grandson, Qianlong. The last emperor was more interested in the arts, sciences, and philosophy than in centralizing and expanding the Chinese empire, so he collected all the learned and poetic texts he could lay his hands on. These are available today in a searchable data base!

These three emperors of the Qing dynasty were nation-builders, not unlike their contemporaries in distant Europe, Louis XIV of France and Frederick the Great of Prussia. Indeed, the scope of their policies, which covered an enormous area from Manchuria to Tibet, was wider than that of the European monarchs.

DICKENS WARFIELD RECOGNIZED FOR 40 YEARS OF SERVICE

A recent issue of the Baltimore Neighborhoods Inc. newsletter featured a tribute to Broadmead resident Dickens Warfield for her 40 years of service to BNI, the local organization that stands in the forefront of the fight against housing discrimination.

Dickens, who holds a Ph.D in Experimental Psychology from Cornell, but resists all attempts to call her "Dr. Warfield", started work with BNI in 1970 and she's still there. Although her focus has been fair housing, she is a "mentor, trainer, teacher, advisor and visionary for the entire BNI staff," the article says.

In one of her other lives, she is a well-known thespian throughout the Baltimore area, including at Broadmead, where she frequently joins the Play Readers, usually in comedy parts.

Dickens has played many roles at BNI. From 1977 to 1990 she was employed. Currently she is BNI's Fair Housing trainer, the *de facto* archivist, and a mapmaker, creating demographic maps, highlighting potential discriminatory practices in some Maryland counties. She is an active board member, chairs the Testing and Compliance Committee, and "wonder of all wonders, she brings food to meetings," the article says.

Although she has the credentials to intellectualize housing discrimination issues, that's not how she demonstrates her conviction. "It's her will, her stamina, her dogged determination and her works that speak volumes to her conviction to end racism and discriminatory housing practices," the article says.

Dickens has taught at Cornell, Vassar and Goucher Colleges, as well as at the former Essex Community College, now part of the Community College of Baltimore County. She has also performed hearing and deafness research at Johns Hopkins School of Medicine and has published articles in professional journals.

Residents to Present Frances Harper Program

Five Broadmead residents will participate in a presentation entitled "Sharing the Life Experiences and Writings of Frances Harper (1825-1911)" on Saturday, February 12 at 7 p.m. in the auditorium. A native of Baltimore, Harper was a noted African-American orator and writer, an advocate for abolition, women's rights and temperance.

The event, celebrating African-American History Month and the 202nd birthday of Abraham Lincoln, will feature performances by June Gee, Gwen Marable, Donna Smith, Virginia Schurman and Dickens Warfield.

Conservation Notes

By Sally Bloomer

In the Arbor Café the used trays and disposal containers are well hidden by an attractive kiosk (an enclosure with two entrances). One side has rolling tray carriers with slots for used dishes on trays. On the other side, are openings marked "trash" and "recycle". Please take special notice of the latter and use it to dispose only of the items listed on the sign above. Do not recycle anything made of Styrofoam.

Good conservationists are reminded to turn off their porch lights before retiring. Remember the energy crisis. And while you're at it, take a look at your water faucet....No drips.

A SPECIAL THANK YOU....

Kitty Anne Cover

August 14 1929 – December 7, 2010

Thank you to the entire community at Broadmead, who loved and cared for Kitty Anne. You became her family and her home, and she loved living here. She cherished the friendship and kinship she shared at Broadmead with both residents and staff. She loved reconnecting with old acquaintances from her past as well as meeting new friends. Our deepest appreciation goes to the employees of Broadmead, who shared their days, weeks, months and years with "Miss Kitty." We extend our gratitude for your boundless attention and consideration for her health and happiness.

..... from the family of Kitty Anne Cover.



OPERA VIDEO

Friday, February 18 7 p.m. Auditorium

TURANDOT

Opera by Giacomo Puccini
METROPOLITAN OPERA

The sumptuous 1987 production of Puccini's
last and perhaps greatest opera starring
Eva Marton and Placido Domingo

Harry Blumenthal

RATTLING THE CHAINS OF A GHOST

By John Michener

The judge was exasperated. "This is never going to end until one of you moves!"

"Case dismissed."

It had been another in a continuing series of legal complaints and counter-complaints between two neighbors in adjacent houses. The prime instigator of the suits (I'll call her "Cranky") had also been in conflict with a series of neighbors earlier and the general consensus in the neighborhood was that Cranky and her family were the ones that should move. Instead, the victim of Cranky's constant complaints left.

Unfortunately, Cranky lived directly across the street from our family of six. Now it was our turn. David, our six-year-old son, liked to ride his wagon around the block. Soon he was accompanied by Adam, Cranky's 10-year old son, chanting a denunciation of our religious beliefs. David started staying in our yard.

Singing was the source of income for Cranky's "Hubby", who also was a prominent soloist in their church. Hubby was late to bed and late to rise. He strongly disliked physical exercise, particularly shoveling snow. After a snowfall he would stomp his way out to the street and struggle into his car. Then, putting the car into low, he would jam on the gas and start the wheels spinning. Then the whole process would be repeated in a hard reverse. Sometimes he would get the car out. More often he would stomp back into the house.

Though not willing to shovel out his own parking space, Hubby eagerly parked in any space I shoveled out. This got irritating very quickly. By a lucky coincidence, though, a solution came to hand.

An acquaintance, who also knew the Crankys, volunteered some information about the very interesting life Hubby had earlier had in Vienna. It involved an extra-marital affair and this knowledge helped us deal with the "Cranky problem."

We waited until there was a heavy snow and Hubby pre-empted the parking space I had shoveled out. With a little speed I plowed into the snow and parked at the curb less than eight feet from their bedroom window.

I got up around 4:30 the next morning and started digging out my car. After digging a starter hole near each wheel, I started plunging the shovel almost vertically into the snow on the car side of a hole. Pushing down on the shovel handle so the edge of the blade scraped hard against the

pavement, I pulled the shovel, and snow, toward the hole. I then easily, if somewhat noisily, disposed of the small amount of snow I had scraped out. This required moving each small batch of snow twice, but with the sound of the scraping blade eerily similar to that of chalk screeching on a blackboard, the double shoveling was well worth the effort. Having dug around all my tires, I proceeded to put on the tire chains. I carefully and slowly dragged them out over the lower lip of the trunk, as if I wanted to make sure any kinks were straightened out. I did this repeatedly since it was dark and the chain links were hard to see.

Unavoidably, all this digging, scraping and chain dragging made a hell of a lot of noise. Shortly, the bedroom window was flung up and Hubby demanded to know what in the devil I was doing out there in the middle of the night. I calmly replied that since he had parked in my space, I had had to park in front of his window. He angrily ordered me to stop the racket. I responded that I would have preferred that there had been no necessity for the disturbing noise, but that I had to get my car out even if it took another couple of hours.

He came out the front door almost immediately and, with his face close to mine, yelled that I was amoral and not living by my Quaker values.

My reply was that he might be right, but at least I hadn't had mistresses in Vienna!

There was a stunned silence, then a rapid retreat by Hubby into his house, screaming to Cranky, "he knows, he knows."

Thereafter Cranky's conflicts with us and the other neighbors ended. We never told anyone about the Vienna mistresses.

Sometimes rattling the chains of a ghost can bring quiet.

SATURDAY PROGRAMS

7 p.m. Auditorium

February 12 - Black History Month Program
Sharing the Life and Writings of
Frances Harper

February 19, - Heather Wight, Botanist
Expert on Bay Recovery Plantings

Movies will be shown February 5 and 26
See page 12

Sue Schlenger

RESIDENTS SHINE AT NEW YEAR'S FESTIVITIES

By Ruth Williams

Setting the tone for Broadmead's New Year's Eve Party 2010 were our stylishly dressed residents. Susie Fetter shone in metallic silver and black. Natalie Bellows also adopted the metallic look with a multi-tone bronze outfit.

Red was a prominent color. Jean Hastings, Betsy Butcher and Joyce Gilley were among the ladies sporting red jackets. Carolyn Underwood combined both the metallic and red looks with her jacket of many colored stripes.

Anne Lee looked smart in black sparkles on a black background. In color contrast, Liz Jackson sported a handsome white and muted blue outfit.

Among the men, Bob Fetter and Jonas Rappeport were standouts in a full tuxedo regalia. Frank

Knipp's Scottish plaid pants and matching bow tie were of particular note. The tables were decorated with multi-colored balloons, adding to the gala atmosphere.

Music was a highlight, with the lively orchestra, "Sounds of Frank and Friends."

Seen on the dance floor were Bob and Elborg Forster, Ted Wilson and Natalie Bellows, Bill and Marcia Reinke, Bob Morrison and Sally Bloomer and others.

Food was provided by Bernard Queen, Director of Food Service, and his crew, together with nibbles and drinks contributed by residents.

Jonas Rappeport was Master of Ceremonies. Ruth Williams read some of her humorous poems related to happenings at Broadmead during 2010.

Next, Bob Davies presented a "Guess Who?" game in which questions about our neighbors were projected on the screen, and the audience was asked to guess the correct answers.

Several examples follow:

"Which resident was the pilot of a B-17 bomber in World War II?" 1. Bob Dye 2. Dwight Hastings 3. Bill Eddison. The answer is Dwight Hastings. "Which resident was



a librarian?" 1. Agnes Visy 2. Jean Hastings 3. Sally Burbank? The answer is all three. "Which resident helped write the first Medicare Handbook?" 1. Nancy Warner 2. Max Greenland 3. Doris Eiring? The answer is Doris Eiring.

"Which resident was a surgeon on a hospital ship during the Vietnam War?" 1. Walter Dandy 2. Leyman Guyton 3. Ted Wilson. The answer is Ted Wilson.

Harry and Betsy Butcher presented their hand-made gingerbread house, a Broadmead New Year's Eve tradition. Harry demolished it and offered the pieces to the residents to eat.

Later, all sang the New Year's Eve song, "Auld Lang Syne." and Sally Bloomer led a lively Conga Line around the dance floor.

At 11:30 the pictures of New Year's Eve in Times Square were projected on the screen. All joined in the countdown to midnight as the ball dropped, signifying the end of 2010 and the beginning of the New Year.

At that time, the stalwart 23 remaining residents, still awake and present, wished each other a Happy New Year.



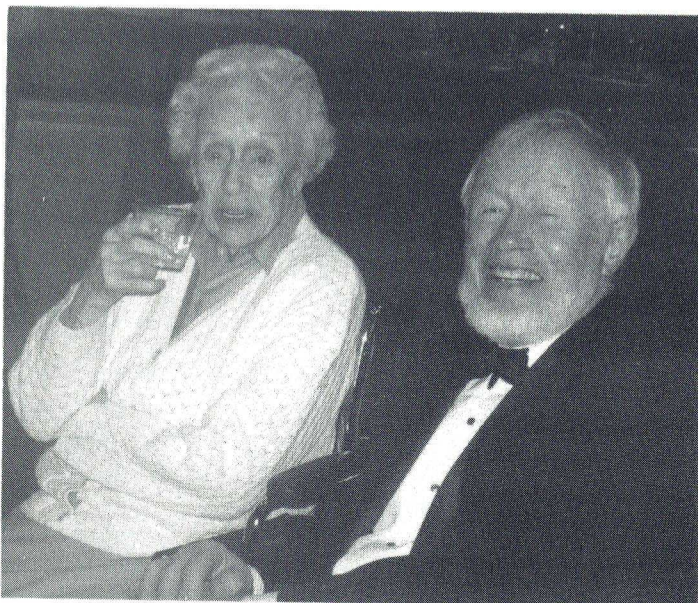
Opposite page: Sally Bloomer leads the traditional New Year's Eve at Broadmead Conga line.

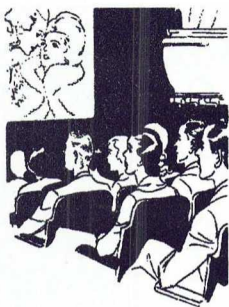
At left: Harry Butcher explains the making of the gingerbread house before demolishing it and feeding it to those present..

Above: Ruth Williams reciting one of her humorous Broadmead poems.

Below: Bob Fetter and Mim Howe toast 2011 and her 104th year.

Photos by Marcia Reinke





BROADMEAD MOVIES

In the auditorium at 7 p.m.
*Tuesday movies selected
 by Suzanne and Jim Crowder*
*Saturday movies selected by
 Jeanne Stephenson*

Tuesday, Feb. 1

Amelie

Audrey Tautou, Matthew Kassovitz. Impish gamine, Amelie, finds long-hidden toys and is inspired to repatriate them. A celebration of life and love.

2001 R 122 minutes

Saturday, Feb. 5

84 Charing Cross Road

Anthony Hopkins, Anne Bancroft. Hopkins plays the role of Frank Doel, who works in a small London bookshop. Bancroft plays Helen Hanff, a New York writer who mails a letter to the bookshop, requesting some rare English classics. Hopkins answers, beginning a touching and humorous correspondence which develops into an extraordinary friendship.

1986 PG 100 minutes

Tuesday, Feb. 8

Billie Elliot

Jamie Bell, Jean Heywood. A young English boy, Billy Elliot, trades boxing school for ballet lessons against the wishes of his father until he wins an audition for the Royal Ballet School. Film spawned a Tony-winning Broadway musical.

2000 R NA

Tuesday, Feb. 15

It Happened One Night

Clark Gable, Claudette Colbert. Runaway socialite is en route to New York to elope with a fortune-hunting flyboy. Meets a newspaperman who has lost his job and he plans to sell her story to get his job back.

1934 NR 105 minutes

Tuesday, February 22

Did You Hear About the Morgans?

Hugh Grant, Sarah Jessica Parker. An estranged couple are entered in a witness protection plan after witnessing a murder, and relocated from Manhattan to Wyoming. At odds, they attempt to adjust to small town life in this charming comedy.

2009 PG-13 103 minutes

Saturday, Feb. 26

The Best Years of Our Lives

Frederic March, Myrna Loy, Dana Andrews. Three servicemen return home from World War II to piece their lives back together. Won seven Academy Awards, including best Actor for March.

1946 NR 176 minutes

COME HELP MAKE THE BROADMEAD COMMUNITY QUILT

By Virginia Schurman

All residents are invited to participate in making a Broadmead community quilt which will represent the richness of our community – our many backgrounds, gifts, interests and contributions.

All levels of previous quilting experience are welcome, including no experience. Low vision residents are especially invited. We will work together, helping each other.

Each 12-inch square is to represent the maker, who may choose the theme. Possible themes are: the background and diversity of that person (racial, religious, ethnic, etc.), that person's interests at Broadmead (gardening, birding, music, art, writing, visiting, etc.) or the "primary" identity of that person. Mine, for example, could be a butterfly to represent new life and the willingness to be transformed or I could use a symbol to represent my Quaker identity. The colors will represent the different colors of the human skin: brown, black, cream, red, yellow.

Mary Ellen Saterlie, of Little Falls Friends Meeting and former Trustee of Broadmead, will be our guide and mentor. She has had a great deal of experience in helping communities with their community quilts.

All are welcome to attend a meeting in the Taylor East Lounge on Tuesday, February 8 at 10 a.m. to learn how to begin working on a square. Take the larger elevator to the third floor, first room on your left.

For further information, contact Virginia Schurman, M-14, 410-527-3919.

VESPERS

Sunday, February 20 4:30 p.m. Main Lounge

Rev. Jim Blackburn

Episcopal priest

All are welcome

Bill Duff

MUSICAL EVENTS

Auditorium and Lounge

Monday, February 21 at 7 p.m.

"LET'S SING"

with Jonathan Jensen at the piano

Sunday, February 27 at 2 p.m.

CONCERT

John Oechslet, baritone,
 with Jim Biddeson, pianist.

by Phil Schnering

RESIDENTS TO RECEIVE SAFES

By Nancy Boyce

Just before Christmas the Grinch visited Broadmead and cut down an already decorated spruce, one of five planted on the north side of Cluster W. It happened in the dead of night, and no culprit has been found. Hence, the conclusion that the thief must have been the Grinch. Could he also be the person who has made off with valuable jewelry, taken from apartments throughout the campus?

To reassure residents and to protect their valuables, Broadmead has decided to install safes in the walls of each apartment's closet. The safes will operate by code, which Broadmead as well as the resident will record.

At the January Fireside Chat, Rich Compton and Tom Mondloch explained what has been done so far about the security problem and then introduced two Baltimore County police officers. Officer J. Arnett explained as much of the investigation as she could and said that an officer would be glad to visit any resident's apartment, if asked, to look over its security and make recommendations. For appointments, call at 410-887-1863.

BRA HEALTH CARE COMMITTEE LECTURE

Tuesday, February 8, 10:30 a.m.

Ted Wilson, MD

Cruising Down the Alimentary Canal

All programs in the Auditorium.

Everyone welcome

Wednesday Worship

1st Wednesday every month at 10:30 a.m.

EPISCOPAL COMMUNION

Taylor East Lounge, 3rd floor

Sponsored by Sherwood Episcopal Church

2nd Wednesday every month at 10 a.m.

CATHOLIC MASS

Taylor East Lounge, 3rd floor

Sponsored by St. Francis Xavier Church

3rd Wednesday every month at 10:30 a.m.

PRESBYTERIAN COMMUNION

Stony Run Activities Room, 3rd floor

Sponsored by Ashland Presbyterian Church



Virginia Schurman of the Multicultural Committee led Broadmead's Kwanza service, celebrating the principles of African-American Culture that are also universal. The seven candles represent unity, self-determination, collective work, responsibility, cooperative economics, purpose, creativity and faith.

Photo by Marcia Reinke

OPEN FORUM PRESENTS

7 p.m. Auditorium

Thursday, February 3

**AMERICAN LEGAL EDUCATION
ABROAD: Experiences in Mexico,
China and Namibia**

**Michael Milleman, J.D.
University of Maryland Law School**

Thursday, February 17

**SAVING LIVES AND MONEY WITH AN
ALCOHOL TAX INCREASE**

**Vincent DeMarco,
Health Care Activist**

LENORA JOHNSON, A HAPPY PRESENCE

By Sally Bloomer

"I enjoy my work at Broadmead because I enjoy people", said Lenora Johnson who has been in our Housekeeping Department since 2003 and never been happier.

She leaves home at 5:45 a.m., travelling by bus and light rail to arrive in time to punch in at 7:45. She started in the coffee shop where she had Broadmead cook Kurt Minter to thank for the job opportunity.

After four years in Food Service, however, she decided to "venture out" and try working at a health facility in Anne Arundell County. She stuck it out for just a month. It was not "people oriented" enough for her, she said. So back she came to Broadmead, this time to the Housekeeping Department.

Lenora enjoys her contacts with the residents. She remembers just how they like their apartments cleaned and acts accordingly. They know about her fourteen year old grandchild, Ronnivea, and her two year old niece, Nevaeh, whose pictures adorn Lenora's locker on the lower level. Ronnivea attends Edgewood High school in Howard County where she is an honor student and cheer leader.

Lenora is aware of individual residents and shows her concern. Her friendliness and sense of humor were revealed in this exchange. As she approached a resident early one morning for the second time, her greeting was: "Mr. Morrison, we've got to stop meeting like this".

Before her Broadmead career she lived with her parents and three siblings in Baltimore after moving from D.C. She enjoyed living in Washington because of the many attractions. After graduating from Dunbar Vocational High School, she spent 16 years working in fast food service. Remember Gino's? Well, she worked there as cook, cashier and server, and continued there after it became Roy Rogers. She also did hotel service at the Sheraton and Holiday Inn. She helped bring up her granddaughter after her son lost his life on the streets of Baltimore. During that difficult time Lenora received legal help from a resident and for many years took care of her mother.

She is enthusiastic about her one-on-one associations with many residents. She sometimes spends time in the evenings doing odd jobs helping residents, which she enjoys. She calls this "down time when we can enjoy each other's company. For example when I call Mrs Rinehart I know I have to wait and I always tell her not to hurry." Often after her evening work, Lenora is "chauffeured" to the light rail by a grateful resident. Broadmead is a happier place because of her presence.



Photo by Magda Reissig

RICHARD GILLEY RECALLS WAR IN THE PACIFIC

By Ted Wilson

At the men's early January Saturday Social, resident Richard Gilley spoke about "Growing Up." Born two years before the Great Depression, his boyhood years were quiet and uncomplicated, but when World War II began, life changed.

He chose to join the Navy and received training in a variety of stations in the eastern and western parts of the country, including ammunition handling. He was assigned to the light cruiser U.S.S. Birmingham, part of the Pacific Fleet. His ship was involved in a number of naval sea battles with the Japanese fleet and air force and it was during these encounters that he experienced the horrors of warfare.

When the carrier Princeton was heavily damaged and eventually sunk, his ship was nearby and was called to assist. The sight of so many dead and dying sailors and dismembered limbs left an indelible impression, and Richard was greatly relieved when Japan finally surrendered and he could return to the United States.

After his release from the Navy, he sought employment and further education, eventually becoming certified as an accountant. He worked for Exxon for 28 years and for an import-export company for another three.

DIABETES TALK STRESSES DIET AND EXERCISE

By Frank Iber, M.D.

Important features of diet and exercise, useful for a healthy life and the essential management of diabetes, were discussed at a January health lecture by Dr. Rebecca Denison, a diabetes educator at GBMC.

Speaking to 35 residents, Dr. Denison talked of diabetes diagnosis, and the use of the blood test "hemoglobin AC" and direct glucose measurements on finger sticks. Informative sheets on meal planning, exercise and symptoms of hypoglycemia were provided.

MULTICULTURAL COMMITTEE

Tuesday, February 8, 10 a.m.
Broadmead Community Quilt Making
Taylor East Lounge

Saturday, February 12, 7 p.m.
**Sharing the Life Experiences
and Writings of Frances Harper**

See pages 8 and 12

HITHER, THITHER AND YAWN

With Foxy Georgia

Greetings Hons and Dudes:

Thanks to Elborg Forster and the program on China she has organized for the Adventures in Learning Committee, we are well into the Middle Kingdom, so better learn how to say Happy New Year....gun xi fa cai. Pardon the Cantonese accent on my Mandarin. Here we are in the year of the Rabbit. Is it your year? Google it and find out.

Gotta share with you an unforgettable moment during our Christmas sing-along. Betsy Griffin, complete with a large shiny red nose (fake of course) shagging and leading us all in singing. ... you guess the song!!! And the Big Night itself...with Jonas Rapoport as the helmsman and Bob Davies as a sturdy aide....dancing and games and goodies to help keep up your strength ...and a new idea this year....3 large tables for the drop-in guests.(not to be called unreserved 'cuz natch they behaved themselves well.) Prizes for the first to arrive go to Penny Turner, Ellie Tillett and Ellie Hobelmann who checked in at 7:00. Talk about planning ahead.

Dorothy Krug gets a prize for her birthday party at festive Holly House....and the prize?...she gets to celebrate it twice!! Both you and Holly House are looking swell, Dottie.

But life t'aint all peaches and cream Ruth Williams is suffering from a severe case of frustration....a seven letter word in Scrabble and NO-WHERE TO PUT IT!!!.

Let's play this game: Name the owners of the following pals: (1) Shamus; (2) Agatha Christie; (3) George; (4) Clodia; (5) Charlie; (6) Lucy; (7) Sandy; (8) Spud. *Answers below.*

The gals in the Brain Train (Brain Aerobics) group, Barbara Vosburgh, Fran Peterson, Virginia Goodkind (took to knitting her brow, or is that a scarf?), Sarah Korn, Pris Stieff, Dorothy Barr, Sita Smith and others have loads of fun working out these puzzles. Thank you, Jodie.

Now try this one:

Jo Booze	has none
Lucille Brandt	has 1
Natalie Bellows	has 2
Cynthia Ballard	has 3

Figured it out? The letter "A".

Make up your own list. Try Eveline Dempsey, Agnes Visy, Marshall Sutton and Anne Allen Dandy

Speaking of fun, you bird watchers, here's an aerie story. What's the body count on the swarms of *Coragyps atratus* who visit us yearly. Mary Frances

Wagley has counted over 200....sure it's not the same ones over and over? They do tend to look alike. Best place to watch them is from the eastern side of Hallowell. Apply at OPD to reserve a room.

Answers to the above "whose pal is whose" challenge: (1) Jane Earhart; (2) Ruth Schnering; (3) Lyman Anderson; (4) Albert Laisy; (5) Fran Peterson; (6) Dosia Laeyendecker; (7) Barbara Koppelman; (8) Moncure Lyon. So how'ja do?

Listen up. Is there a flat-iron collector in the neighborhood? Bobbie Siebens and Ruth Sutherland have four lovely antique numbers in "This'n'That"....so useful for hurling, ironing or preventing slamming of doors...or whatever. Gotta check out now, before they throw it....'nuff said.



LET'S DANCE

with the George Hipp Trio
Monday, February 14
7 p.m. Auditorium
Everybody welcome

Ted Wilson

FRIENDS MEETING FOR WORSHIP
SUNDAYS AT 11 A.M.
STONY RUN BOARD ROOM
Everyone welcome

BOOK GROUP SELECTIONS

In the Auditorium, 10:30 a.m.

Monday, February 7

Huckleberry Finn by Mark Twain

Monday, March 7

Cutting for Stone by Abraham Verghese

Monday, April 4

Prodigal Summer by Barbara Kingsolver

Monday, May 2

Where Men Win Glory: Odyssey of Pat Tillman
Jon Krakauer

Monday, June 6

Freedom, by Jonathan Franzen

Books will be held in the BRA office. Be sure to sign the list when you pick up your copy. .

Susie Fetter

INTERVIEWING LUCY.....

..... the feline perspective

By Dosia Laeyendecker

Dosia: Lucy, you are a beautiful black cat. Please tell me how you like living at Broadmead?

Lucy: Well, you should know that I am really a high altitude cat. I was born in Rifle, Colorado, a little town on the Western slope of the Rocky Mountains. My mother absconded when I was only about four weeks, so I took my destiny in my own claws, and ended up in Eagle, Colorado. There I lived in an original settler's cabin with lots of varmints to control, and outside I had eight acres to take care of. A big job, really. When I was thirteen years old, my people thought I needed to retire, so they stuffed me in a shoulder bag, and before I could stop them, they carried me to a plane, and plunked me in a small space in front of their seat. And where do you think I ended up?

Dosia: That sounds dreadful.

Lucy: It was.... On arriving I found a small apartment with only one mouse. I was too depressed to hunt that mouse, so I let them set traps. However, when my people disappeared, and a very nice cat-loving lady came to play with me, I did catch the mouse for her, because I wanted to give her a special treat.

Dosia: What do you think of Broadmead's beautiful grounds?



Lucy: The grass is good to eat. I like to sit under some bushes and watch the scene. There is a grey cat who wants to approach me, but I don't know, so far I just hiss to be on the safe side. There is also a cute little calico in a cage nearby. She can make an interesting display climbing the walls. Once, in Colorado, I was in love with an exciting black male. He was a stray, and we had such interesting times together sitting on the porch bench. To make me feel

good he sprayed around a lovely perfume. Unfortunately, my people did not like that, and they planned to catch him and take him to the vet for a degrading surgery. Well, needless to say he could not risk that, and I never saw him again. Oh, I was so sad....

Dosia: Do you miss other animals from Colorado?

Lucy: Yes, I loved to watch the ground squirrels eat their way through the vegetable garden. I also liked to hang out with rabbits. But that was in the years when there were few bobcats around. Everything came in cycles. When you had lots of bobcats, the rabbits would disappear, and it took years before they came back. Of course I had to watch out for the bobcats. They are dangerous even though they are family, just like the mountain lions.

Dosia: Do you intend to stay at Broadmead?

Lucy: Yes, the future looks bright. I am not even worried anymore when my people disappear, because other nice cat-loving ladies will feed me and love me.

VOICE of the RESIDENTS

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